# **Monday**

# **Tuesday**

# Thursday

# **Friday**

# Oct 2

Choice of one entree
Pancakes and sausage links
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

# Oct 3

Choice of one entree
Tornados
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

# Oct 4

Choice of one entree Breakfast Burrito Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

Wednesday

# Oct 5

Choice of one entree
Breakfast Pizza
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

#### Oct 6

Choice of one entree Sausage & Egg on Bun Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 9

Choice of one entree Omelet, Sausage and Toast Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 10

Choice of one entree French Toast & Syrup Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 11

Choice of one entree Breakfast Bites Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 12

Choice of one entree
Breakfast Pizza
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

# Oct 13

Choice of one entree Long John WG Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

### Oct 16

Choice of one entree Eggo French Toast/Sausage Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

### Oct 17

Choice of one entree Sausage Biscuit Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

### Oct 18

Choice of one entree
Breakfast Bar and Sausage
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

### Oct 19

Choice of one entree Breakfast Pizza Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

### Oct 20

Choice of one entree Breakfast-Donut Holes Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit-Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 23

Choice of one entree
Breakfast Casserole and Toast
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

### Oct 24

Choice of one entree Breakfast -Pancake/Saus Stick Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

# Oct 25

Choice of one entree Biscuit and Gravy Muffin, WG Choc Chip, scratch Cereal, asstd. Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

### Oct 26

Choice of one entree
Breakfast Pizza
luffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

# Oct 27

No school today

### Oct 30

Choice of one entree
Brk -Eggo Minis and Sausage
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

# Oct 31

Choice of one entree
Cinnamon Roll & Cheesestick
Muffin, WG Choc Chip, scratch
Cereal, asstd.
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim